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| **TEST SPECIFICATION GRID (Grade 8)** | | |
| **S. N.** | **Assessment Areas (Internal): 50 Marks** | **Marks** |
| A. | Participation and Activeness (Attendance, Class Work, Homework, Project Work and Practical Task) | 04 |
| B. | Practical / Project Work | 36 |
| C. | Terminal Test | 10 |
| **S.N.** | **Assessment Areas (External): 50 Marks** | **Marks** |
| A. | Health, Physical Education and Creative Arts | 50 |
| Note: The record of students’ project work, test papers or other proof of the students' performance should be kept in his/her portfolio by the teacher regularly. The teacher must focus on practical and project tasks for the internal assessment. The external assessment should be as per the specification grid. | | |

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| **S. N.** | **Area/Unit** | **Total**  **Working**  **Hours** | **Weightage** | Knowledge | | | Understanding | | | **Application** | | | **Higher ability** | | | **Total number**  **of questions** | | | Total Weightage | | | Total  Marks |
|  |  |  |  | VS | S | L | VS | S | L | VS | S | L | VS | S | L | VS | S | L | VS | S | L | 26 |
| 1. | Human Body | 4 | 4 | 4 | 1 |  | 2 | 1 | 1 |  | 1 | 1 |  | 1 | 1 | 6 | 4 | 3 | 6 | 8 | 12 |
| 2. | Community Health and Mental Health | 7 | 7 |
| 3. | Nutrition and Food Security | 4 | 4 |
| 4. | Disease, Safety and First Aid | 7 | 7 |
| 5. | Sexual and Reproductive Health | 4 | 4 |
| 6. | Physical Training and Drill | 2 | 2 | 2 |  |  |  | 1 | 1 |  | 1 |  |  | 1 |  | 2 | 3 | 1 | 2 | 6 | 4 | 12 |
| 7. | Athletics and Adventure activities | 2 | 2 |
| 8. | Games | 5 | 6 |
| 9. | Yoga | 2 | 2 |
| 10. | Art | 4 | 4 | 2 |  |  |  | 1 |  |  | 1 | 1 |  | 1 |  | 2 | 3 | 1 | 2 | 6 | 4 | 12 |
| 11. | Print, Clay Work, Collage, and Construction | 2 | 2 |
| 12. | Music | 3 | 4 |
| 13. | Dance and Acting | 2 | 2 |
|  | Total | 48 | 50 | 8 | 1 |  | 2 | 3 | 2 |  | 3 | 2 |  | 3 | 1 | 10 | 10 | 5 | 10 | 20 | 20 | 50 |
| **NOTE:**  • The questions pattern should follow the levels like knowledge, understanding and application with higher ability along with the specified working hours.  • The question variations (very short, short, and long questions) should follow 1, 2, and 4 marks respectively.  • The health section should cover not more or less than 26 marks, physical section to 12 marks and creative arts to 12 marks during question preparation.  The total marks for the health, physical and creative arts paper is 50 marks with total time 2 hours. | | | | | | | | | | | | | | | | | | | | | | |